



Welcome  
to  
**Lorne Akins!**



**A**chievement  
**P**ositive Relations  
**P**unctuality  
**L**earning  
**E**ffort

## **Grade 7 Complementary Option Courses 2017- 2018**

All students at Lorne Akins Junior High School are automatically registered into the four academic core subjects and Physical Education for their grade: Language Arts, Math, Science and Social Studies. Lorne Akins also offers a wide variety of complementary courses including Career and Technology Foundations (CTF) courses. These courses help students build their understanding of the world around them as they identify and apply career and life skills while providing a foundation for students to transition into Career and Technology Studies (CTS) in high school.

Inside this booklet are descriptions of the complementary courses offered at Lorne Akins for the 2017-2018 school year. With the assistance of their parents, we ask students to read the program descriptions carefully, consider the complementary courses available, and choose three courses based on their needs and interests. Students do not have to rank their choices as every effort will be made to accommodate their interests.

As staffing and school programs are determined by the choices students make, there will be very limited opportunities to change courses. Therefore, **IT IS VERY IMPORTANT THAT STUDENTS MAKE THEIR CHOICES CAREFULLY.**

***Please note that some of the complementary option courses have fees attached to them.***

Please call Dr. Jackson or Mr. Wiles if you have questions or need clarification and/or assistance completing the registration package.



# C R E A T E

## Art 7

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### Fee: \$25 (Full Year)

Art 7 is designed to expose students to various art forms. Based predominately on self-expression, students will learn the principles of drawing, painting, and sculpting while developing a portfolio. No prior art experience is necessary. Students will acquire new skills and apply new techniques while experimenting with different mediums. Some highlights for the upcoming year include the making of tinfoil alien sculptures and drawing “en plein air.”

## Concert Band 7

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### Instrument Rental Fee: \$50 (Full Year)

Students will experience the trials and triumphs that go along with learning to play a musical instrument. Instrument choices include flute, clarinet, saxophone, oboe, bassoon, trumpet, French horn, trombone, baritone, tuba, bass guitar, and percussion. The students will perform in several concerts throughout the year including a Christmas Concert and a Spring Concert at the Arden Theatre. The students will be invited to take part in a music tour, which can range from two to five days with destinations in Alberta or British Columbia. Tour events have included concerts, workshops and/or festival performances as well as recreational activities.

## Guitar 7

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### Fee: \$20 (Full Year)

Learn to play the guitar! This is an introductory course designed to teach young musicians to play this popular instrument. There is no experience required. Students will learn basic note reading and rhythm skills, learn to read tab notation, and perform a wide variety of chords. Students will be allowed to choose their own songs as well as pick their own groups to perform with. Concerts take place several times throughout the year including a year-end outdoor concert and they will also be given an opportunity to audition for the annual music tour. Students are required to provide their *own acoustic guitar* for the course. Please be aware that bus students will not be allowed to take their guitars on the bus. Please see Mr. Demuyck if this presents a problem.

## **Industrial Arts / Home Economics 7**

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### **Fee: \$35 (Full Year)**

This CTF course provides students with the opportunity to spend a half-year in Foods & Fashions and a half-year in Industrial Arts. In Foods & Fashion students will complete one module in Foods and one module in Sewing. Students will be making a variety of cookies such as the Ultimate Chocolate Chip cookie, Double Butterscotch chip cookies, Gingersnaps, Sugar Cookies, Christmas cookies, mini-donut muffins, French Toast Muffins, Banana chocolate chip muffins, Homemade fluffy pancakes, as well as hand sewing a stuffy or pillow of your choice. In Industrial Arts, students will complete modules in drafting and safety, then choose from modules in woodwork, metalwork, pottery, pinhole photography, leatherwork, graphics and aeronautics. The course fee covers the cost of materials for I.A. and Foods. Students will be required to purchase material for their sewing projects and in I.A. students who wish to complete large projects or ones that require specialized materials may incur a supplemental fee for supplies.

## **Drama 7**

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### **(Full Year)**

This course is aimed at introducing the basic concepts of drama including character, voice, movement, blocking, set design, props, and costume. Students will also have an opportunity to write and perform scripts. This high energy course is designed to help students build skills and demonstrate confidence in performing.

**T H I N K**

## **French 7**

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### **(Full Year)**

Salut, mon ami! The French 7 Program has gone to new heights. Our French program is based on the AIM Language Learning Method. This program allows students to gain fluency, build up their confidence and truly enjoy learning the French language. This method is much different than the FSL classrooms of the past where the greater focus was on memorizing verbs. Students are often up moving around, conversing with classmates, and creating a meaningful learning environment where the emphasis is on communication rather than just memorization. All levels and abilities are welcome as students do catch on quickly with the AIM program.

## **Gator Plus Challenge: Computers & Technology**

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### **(Full Year)**

Gator Plus Challenge Option is designed to appeal to independent 'workers' who seek knowledge, skill and enrichment beyond regular classroom work specifically in the area of computer technology. Students will work in a computer lab environment synthesizing and editing information for use in a variety of software programs. Students will work independently and in small groups on a variety of projects. Some projects include Microsoft PowerPoint and Excel, Flash animation as well as web based animation programs (Go Animate for Education), Comic Life, Garage Band and Webpage design software. As well, students will be immersed in movie editing while creating a promotional movie for incoming Gr.6 students and their parents to view. Students will use digital cameras and video cameras in many of their projects. For students who are keen on enhancing their knowledge and skills in existing and new software programs, this option is for you.

*M O V E*

## **Fit For Life 7**

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### **Fee: TBA (Full Year)**

Fit for Life 7 offers students an interesting course of traditional and non-traditional sporting, fitness and recreational activities. Activities will take place in the gym, outdoors, and at various recreational and sporting venues in and around St. Albert. Students need to be prepared for daily fitness and physical activities such as soccer, swimming, ultimate frisbee, running, field games, hockey, football, basketball and badminton. Fees will be charged for off-site field trips.

## **Outdoor Pursuits 7**

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### **Fee: TBA (Full Year)**

This option offers a wide range of opportunities for students interested in outdoor activities and environmental pursuits. Some of the topics include camping skills, survival, outdoor equipment, archery, wildlife studies, outdoor clothing, orienteering, cross-country skiing, fires and buddy burners, as well as different types of recreational games and activities. There will be several field trips during the 2017-2018 school year. Students have the opportunity to take part in a day-camp and overnight camp. Students will be expected to pay fees to help offset the cost of some of these trips.



## Student Supply List 2017-2018

The following is a list of general supplies you will need. You may be asked to bring additional items after you have met your different subject teachers.

### Paper

- Large supply of lined loose-leaf paper
- Package of unlined loose-leaf paper
- Two packages of dividers
- Three coil-bound notebooks
- Package Sticky Notes
- Four 2-inch Binders

### Tools

- A good quality combination lock (locks are available from the office for \$7.00)
- Calculator (Basic functions for Grade 7 & 8, Scientific Calculator for Grade 9)
- Geometry Set
- Deck of cards and a pair of dice (math)
- Scissors
- Ruler
- Earphones/earbuds
- Pocket Dictionary
- Thesaurus (Synonym/Antonym Dictionary)

### Writing Tools

- Two blue or black ballpoint pens
- Five HB pencils
- One eraser
- Coloured pencils and felts

### Other

- Glue Stick
- White Out
- Spare Lock for use during Phys Ed classes here and at Fountain Park.

- Be sure to label all your supplies with your name so they can be identified.
- Physical Education classes will require appropriate T-shirts, shorts, clean athletic socks, running shoes and sweat suits or jackets for cold weather.
- If you will be purchasing new footwear, shoes and runners with non-marking soles are suggested.
- A selection of Gator-branded sweats, T-shirts, etc. will be available from the school store in the fall.





## Grade 7 Complementary Option Course Selection Form

1. Fill in the information in the Student Information Section
2. Circle your identified gender beside the Physical Education course entry.
3. Select 3 Complementary Courses. Please note that every effort will be made to register you in the courses you have chosen. If this is not possible, you will be consulted for a change to your selections.

### Student Information (Please Print)

Student Full Name ↑	Last Elementary School Attended	Parent/Guardian Signature
Parent/Guardian 1 Name ↑	Parent/Guardian 1 Email Address	Parent/Guardian 1 Phone #
Parent/Guardian 2 Name ↑	Parent/Guardian 2 Email Address	Parent/Guardian 2 Phone #

### Courses (select 3 in addition to Physical Education)

<input checked="" type="checkbox"/> Physical Education (Compulsory)	Gender: <input type="checkbox"/> F <input type="checkbox"/> M
<input type="checkbox"/> Art 7	
<input type="checkbox"/> Concert Band 7	
<input type="checkbox"/> Guitar 7	
<input type="checkbox"/> CTS Industrial Arts / Home Economics 7	
<input type="checkbox"/> Drama 7	
<input type="checkbox"/> French 7	
<input type="checkbox"/> Gator Plus Challenge: Computers & Technology	
<input type="checkbox"/> Fit For Life 7	
<input type="checkbox"/> Outdoor Pursuits 7	

