

COVID-19 Guidance for Parents of Children Attending School and/or Childcare

Your child is asymptomatic and has been identified as a close contact of a person who tested positive for COVID-19.

Note: Asymptomatic means that your child has **none** of the following symptoms: fever, cough (new cough or worsening chronic cough), shortness of breath or difficulty breathing (new or worsening), runny nose, sore throat, chills, painful swallowing, stuffy nose, headache, muscle or joint ache, feeling unwell, fatigue or severe exhaustion, nausea, vomiting, diarrhea or unexplained loss of appetite, loss of sense of smell or taste, conjunctivitis (pink eye)



Guidance

Your child is legally required to isolate for 14 days

A COVID-19 test is recommended

Testing

Decide if your child will be tested for COVID-19

Yes

Book a COVID-19 test for your child

Do:

- Online: ahs.ca/covid
 - By phone: Call Health Link at 811
- Try to book a test that is within 24 hours of when you were told about the close contact

Do:

Go to the COVID-19 test with your child

No

OR

Before you have your child's test result

Test Result

Do:

Get your child's COVID-19 test result

It may take 1 to 3 days to get your child's test result

- All individuals who test positive for COVID-19 will be contacted by a member of the AHS Public Health team for follow-up and case management
- For more information about getting your child's COVID-19 test result, go to ahs.ca/results



Positive Test Result



Negative Test Result

Next Steps

What to do

Your child is legally required to **isolate** for **10 days from the date of their COVID-19 test**.

Household members must stay home for 14 days.

What to do

Your child is legally required to stay home and **isolate** for **14 days from their last exposure to a confirmed case of COVID-19**.

If your child develops symptoms at any point during their 14 day isolation, or after, they should be retested for COVID-19.

Household members are **not** required to isolate as long as they are asymptomatic.

What to do

Your child is legally required to stay home and **isolate** for **14 days from their last exposure to a confirmed case of COVID-19**.

If your child develops symptoms at any point during their 14 day isolation, or after, they should be tested for COVID-19.

Household members are **not** required to isolate as long as they are asymptomatic.